

# The Impedance Cardiography Technique in Medical Diagnosis

**Type of article: Review**

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## ABSTRACT

**Background:** Thoracic Electrical Bioimpedance (TEB) Technology is sometimes called Impedance Cardiography (ICG). The Impedance Cardiography emerged in 1940. Studies of this technique are applied to detect the cardiovascular diseases by measuring hemodynamic parameters using skin electrodes contact by injecting a low amplitude alternating signal. This article aims to review the various studies based on this signal type and to present the multiple methods used for the treatment and to have a correct analysis.

**Methods:** This paper is based on several researches made in recent years published in Science Direct, Google Scholar, and PubMed...etc. The ICG technique consists of applying an electric field longitudinally across a segment of the thorax with an amplitude in mean, high frequency and low amplitude current. To analyze the ICG signal denoising is necessary; therefore, multiple filters are proposed, and the Discrete Wavelet Transform (DWT) denoising is also used.

**Results:** The ICG is considered advantageous compared to other invasive conventional techniques; it gives a good correlation, and solves Doppler ultrasound and Thermodilution problems. According to the studies, the Daubechies wavelet family (db8) is the best DWT to eliminate noises. There are several algorithms for the signal characteristic point's detection.

**Conclusion:** For cardiovascular disease diagnosis and monitoring, the non-invasive ICG technique comes to solve the complexity problem for measurement and analyzing heart diseases based on the thoracic electrical impedance change assessment that is due to blood velocity and resistivity changes (blood volume changes) in order to estimate several hemodynamic parameters.

**Keywords:** ICG, cardiovascular disease, hemodynamic parameters, automatic diagnosis and monitoring, correct analysis.

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## 1. Introduction

Transthoracic electrical bioimpedance cardiography or, simply, impedance cardiography (ICG) or cardiac bioimpedance [1, 2], is based on a theoretical model

of the thorax. This technique is non-invasive, simple, reliable, safe, painless, low cost, fast and, secure with no danger to the subject which measures in over time the thoracic blood volume and blood velocity variation at the aorta level due to impedance changes in each cycle. It is used in order to extract some hemodynamic parameters that help in the cardiovascular diseases diagnosis [3] for cardiac monitoring whether ambulatory or continuous long-term in intensive care units (ICU). The ICG method is considered as an alternative technique to thermodilution [4] and it is a more advantageous technique than the conventional invasive methods. Kubicek *et al.* [60] developed the four-electrode method for measuring cardiac impedance [5].

The ICG signal can be measured by systems like BioZ, Niccomo, Osypka and Analogic [6] that calculate the SV ejection volume, CardioScreen 2000, and CardioScreen 1000 [7,8].

Studies using the ICG technique are realized for patients with congestive heart failure, with pacemakers, patients requiring fluid management, and with other conditions [9].

Inner electrodes measure the base thoracic impedance ( $Z_0$ ) during the diastole considered constant for a patient at about  $25\Omega$ , for a man from 20 to  $33\Omega$  and a woman from 27 to  $48\Omega$ , [10]. Pulsatile impedance/time changes ( $dZ/dt$ ),  $\Delta z$  and ECG signals allow the extraction of hemodynamic parameters for the non-invasive diagnosis of the heart and cardiac circulation to measure: (1) the stroke volume SV; (2) the cardiac output CO; (3) the stroke volume index (SV/SVI); (4) the cardiac index (CO/CI); (5) the left ventricular ejection time (LVET); (6) the preejection period (PEP); and (7) the heart rate (HR) among others.

Studies of new methods of exploration and medical treatments such as Impedance Cardiography, or ICG, emerged in 1940. In the same year, the National Administration of Aeronautics and Space, (NASA) began the research of the thoracic electrical bio-impedance in 1960 [11, 12] with the ICG heart index record in a continuous, easy, non-invasive and cheaper way. The use of this technique was recognized by the scientific and medical communities [13]. It has been a research object since 1960, when the first test was done. In 1966 [14] the 1<sup>st</sup> impedance cardiography monitoring device (thoracic electrical bio-impedance) was invented. In the same year, Kubicek [5] replaced the notion of first derivative  $dZ/dt$  usable in the ICG method, representing the rate of the impedance variation. He tested a systolic ejection volume (SV) equation according to the bio-impedance [15]. To measure cardiac impedance, Kubicek *et al.* [60] developed the four-electrode method [5]. In 1981, Sramek developed a new equation in hemodynamic based on variations in thoracic impedance [12]. In the same year, Granerus, and Elg [16] used this signal for the left ventricular ejection volume computation, Kubicek [5] made an electrode location to estimate the ejection volume, and Sramek [17] used 8 electrodes to solve the problem of band electrodes to estimate ejection volume too. The 8 electrodes were placed on the biggest part of the thorax, i.e. along the frontal plane [18].

In this paper, the ICG signal measurement, its shape, and the different studies carried out on this signal type are presented, as well as its characteristics which make it possible to calculate hemodynamic parameters for the cardiovascular diseases' diagnosis.

## 2. THE ICG SIGNAL

### 2.1 ICG measurements

The ICG measurement is done by injecting a low amplitude alternating signal from 0.2 mA to 5 mA and low frequency across the current electrodes in a frequency range of 50 kHz to 100 kHz [19] and for the voltage recovery with the four-electrode method uses four-band electrodes [20] or 8 spot electrodes like standard ECG electrodes. The first pair of electrodes is placed at the beginning of the thorax and the second one at the end of the thorax (the level of the xiphoid process) [21] where the outer electrodes inject the current and the inner electrodes measure the potential (the sensing electrodes) (Fig.1).

The measurement is based on the skin electrodes contact that generates impedance. In order to eliminate it, the application of pre-gelled highly conductive electrodes is required [11]. Furthermore, the appearance of electrode-electrolyte impedance can be greater than the impedance tested especially at low frequencies, which are too unstable and unpredictable to think about the measurement.

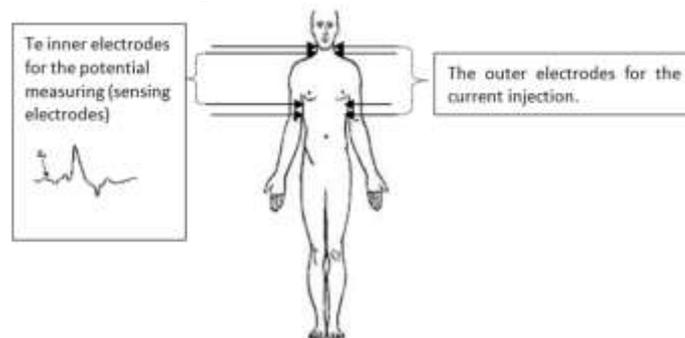


Fig.1. The location of the 8 ICG electrodes on the human body.

### 2.2 The theory of hemodynamic parameters determination

#### a. Stroke volume

To measure systolic time intervals based on the bioimpedance changes in the thorax, an alternating electric current is applying. According to Kubicek [5], the thoracic impedance variations are due to the aorta impedance changes which are induced by the passage of the systolic wave. An aorta segment is considered cylindrical, and its impedance formula is as follows:

$$Z = \frac{\rho L^2}{V},$$

where

$\rho$ : is the specific static resistance of blood;

$L$ : is the height of the cylinder that presents the segment of the aorta; and

$V$ : is the variation of blood volume in the vessel.

When the ventricular ejection  $dZ/dt$  represents the peaks in the acceleration time domain and  $(dZ/dt)_{max}$  is the variation of the trans-brachial specific resistance of the blood ( $\Omega \text{ s}^{-2}$ ) due to the blood velocity variation, which represents a maximum variation rate of the aortic volume variation, as follows [22]:

$$\left(\frac{dZ(t)}{dt}\right)_{max} = \frac{L^2}{V} \left(\frac{d\rho(t)}{dt}\right)_{max}.$$

The systolic ejection volume expressed in (mL / beat), which is the product of the systolic volume and the heart rate, serves to estimate the heart health state and extract parameters considering relevant in the diagnosis as the ejection fraction, and it determines the CO cardiac output (approximately 70 mL /beat for a healthy adult subject). The stroke volume equation is:  $SV=EDV-ESV$

With

ESV as the: end-systolic volume for a ventricle of one person: ventricle blood at the end of a beat; and

EDV as the: end-diastolic volume for a ventricle of one person: blood before the beat.

Due to the use of the technique of the impedance, the formulas for the SV are the following ones [8] [21] [24]:

According to Nyboer [24], the volume changes in the thorax due to the impedance variation is:

$$dV_b = -\rho_b \frac{L^2}{Z_o^3} dZ \text{ or } SV = [\rho] \times [L/Z_o] 2 \times \Delta Z.$$

According to Kubicek [5], the equation for the systolic ejection volume depending to the thoracic impedance variation is as follows:

$$SV = \rho_b (L |Z_o|)^2 (dZ/dt)_{max} LVET.$$

As stated by Sramek [17], the systolic ejection volume equation depending on the thoracic impedance variation is:

$$SV = \frac{(0.17 H)^3}{4.25} \frac{1}{Z_o} \left(\frac{dz}{dt}\right)_{max} LVET,$$

where

$\rho$  : is a constant specific of the resistivity of blood and variable to person from another person ;

$\rho_b$  : is the static specific resistance of blood  $\Omega$  (cm)= 135  $\Omega$  cm for SV<sub>k</sub> (QUAIL *et al.* 1981) [23];

$L$  : is the transthoracic length ;

$Z_o$  : is the basic impedance of the thorax ( $\Omega$ ); and

$LVET$ : is the left ventricular ejection time.

According to D.P. Bernstein *et al.* [25], and Sramek [17], the equation of systolic ejection volume SV depending on the thoracic impedance variation and Bernstein correction factor is as follows[15][25]:

$$SV = \sigma \frac{(0.17 H)^3}{4.25} \frac{1}{Z_o} \left(\frac{dz}{dt}\right)_{max} LVET \text{ with } \sigma = \sqrt{BMI_{patient}/24},$$

so that the other formulas have been developed and with.

$BMI$  as the body mass index;

$\delta$  is the Bernstein Correction Factor;

24 is the ideal BMI value assumed by Bernstein ( $kg.m^{-2}$ );

$P$ : is the weight of the patient in (kg); and  $H$  is its size in (m).

The new Bernstein equation N:  $SV = V_c \sqrt{\frac{1}{Z_o} \left( \frac{dz}{dt} \right)_{max} LVET}$ ,  
 where  $V_c$  is the intrathoracic blood volume (mL).

### b. The cardiac output

The cardiac output (CO) expressed as (L / min or mL / min) is the total amount of blood ejected by the left ventricle into the systemic circulation at each heart beat multiplied by the heart rate in one minute, it is approximately 5.6 L / min for the man and 4.9L / min for the woman [8]. The equations are following:

$CO = \text{stroke volume} \times \text{heart rate}$ ; and

$CI = \text{cardiac output/body surface area}$ .

### 2.3 ICG signal characteristics

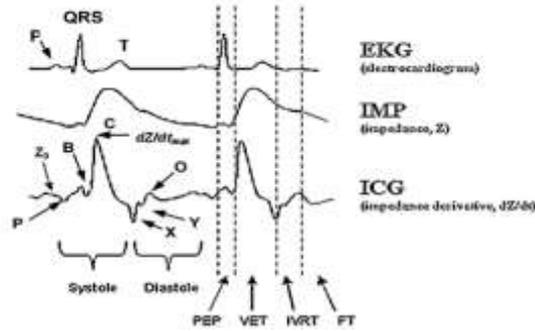
From the signal ICG (Fig.2), the characteristic points are extracted which allow the calculation of the desired indices [2] [26] (Fig.3), as following:

- (1) The *A* wave seems to coincide with the *P* wave of the ECG.
- (2) The point *B*: corresponds to the opening of the aortic and pulmonary valves. According to Lababidi *et al.* [27] the point  $B = 15\%$  de  $(dZ/dt)_{max}$ . It is the point where  $\frac{d^2Z}{dt^2_{gauche}} < \frac{d^2Z}{dt^2_{droite}}$ .
- (3) The point *C*: corresponds to the maximum peak of the  $dZ/dt$  (ICG) signal on a heartbeat. It is the blood ejection rate by the ventricles, which corresponds to the ventricular contraction.
- (4) The point *X*: is the lowest point after peak *C* and is associated with the closure of the aortic valve.
- (5) The point *Y*: corresponds to the closure of the pulmonary valve.
- (6) The wave *O* occurs during the diastole (the passive blood passage between the atriums and the ventricles), its peak is the moment of the mitral valve opening.

Due to the Pan-Tompkins algorithm, the peak *C* is detected [28]. The point-by-point methods detect the points *B* and *X* from the points *C*, as the manner of the point *Q* detected from the point *R* on the ECG. Once the points *B*, *C* and *X* have been detected, the set of cardiac indices is computable by the formulas. In 1986, Donovan *et al.* showed that if the ratio between peak *O* and *C* ( $O/C > 0.3$ ) is greater than 0.3 the patient has a pulmonary pathology [2].



**Fig.2.**The shape of the ICG signal recorded on the AcqKnowledge 5.0 software.



**Fig.3.**The composition of the ICG signal, where  $Z_0$ : baseline impedance;  $A$ : atrial wave;  $B$ : aortic valve opening;  $C$ : maximum aortic flow  $(dZ/dt)_{max}$ ;  $X$ : aortic valve closing;  $Y$ : pulmonic valve closing;  $O$ : mitral valve opening;  $PEP$ : pre-ejection period;  $VET$ : ventricular ejection time;  $IVRT$ : isovolumic relaxation time; and  $FT$ : ventricular filling time [11].

### 3. THE ICG ANALYSIS

ICG is a diagnostic technique for cardiovascular disease. It is used for the measurement of hemodynamic parameters that are wrong due to noise which reaches the signal and, make the signal analysis inaccurate and very difficult finding the correct diagnosis. The solution is to use the wavelets to denoise the signal.

The correct segmentation of signals makes a problem in the biomedical engineering field. That is why many studies have been done to obtain a better approach to signal segmentation and especially of the highly variable signals. These methods allow creating an adequate model for a subject.

A method of segmenting heartbeats for cardiovascular signals is based on the following model [29]:

$$x(t) = A \sin(2\pi f_0 t) + B \cos(2\pi f_0 t) + C,$$

composed of 4 parameters developed by Pinheiro Eduardo *et al.* in 2011[30]. It is based on a sliding power window without the need for a hypothetical formula on the shape of patient's heart rate or a reference signal to synchronize the segmentation points. Its purpose is to transform the cardiac signal and obtain the fundamental heart rate oscillation frequency. They used the ICG signal. This kind of test is done on a wheelchair because of the artefacts due to vibration, such as movement as well as when speaking [31]. Artefact types such as high amplitude pulses or weak base variations cause problems of reproducibility and repeatability [32] that are eliminated through heuristic procedures [33, 34]. This method segments highly variable signals and, makes it possible to create a suitable model for a subject, which is based on wavelet filtering and peaks detection [33, 35].

In order to study the ICG signal, Ermishkin relied on two hypotheses: the first consists of heart geometry variation and that the vessels surrounded in the pre-ejection phase, the second is the expansion of the aorta and the adjacent arteries. He used a mathematical model based on a process summation effect with the  $dZ/dt$

waveform and the associated ICG parameters, the first of which refer to the WpE pre-injection wave and the second referring to the ejection wave WEj where

$$\Delta Z = (WpE + WEj)$$

An asymmetric bell-shaped function is whose. Its form is as follows:

$$W(A, b, c, t) = A \cdot e^{-ct} \cdot t^b$$

He used the first and the second derivatives as well as time relations between  $t_0$ ,  $t_{min}$ , and  $t_{max}$  for the characteristic points detection of the signal ICG as the maximum of the wave  $C$  which corresponds to  $(dW/dt)_{max}$  and the point  $B$  which corresponds to the second derivative [36]. To denoise the signal, in 2016 Ridha Ben Salah [26] tested 3 types of methods described below: (1) The term Discrete Wavelet Transform (DWT) [37] actually encompass several types of Wavelets (bases), e.g., the Haar, Daubechies (db2, db4, db6, and db8), Symlet (sym2, sym4, sym6, sym8), and the Coiflet (coif2, coif3, coif4, coif5) wavelets, the DWT equation [38] is as follows:

$$X[a, b] = \sum_{n=-\infty}^{+\infty} x[n] \psi_{a,b}[n] \quad \text{with } \psi_{a,b}[n] = \frac{1}{\sqrt{a}} \times \psi\left[\frac{n-b}{a}\right],$$

where  $a$ , and  $b$  are the parameters of the wavelet location,  $x[n]$  are the coefficients (scaling factors), and  $\psi(\cdot)$  is the mother wavelet. (2) The Savitzky–Golay filter [39], and (3) The median filter.

An adaptive filtering technique based on the least mean squares (LMS) has been proposed in [40, 41]. Meyer wavelet-based denoising was also used for the ICG signal [42, 43]. Ridha Ben Salah used each denoising method after measuring the  $C$  wave, which is considered the most characteristic wave for each type, and then calculates the difference between the  $C$  of the original signal and the  $C$  of the filtered signal. If the difference is smaller, the method used is the more suitable for signal denoising ICG. According to the studies, the Daubechies wavelet family (db8) is the best DWT to reduce noise, it gives a better separation between the noise and the signal. It allows to determine the cardiovascular parameters and to diagnose the cardiovascular diseases [26].

The study that comes next by Ben Salah *et al.* has an accuracy rate of 95.40%. They worked with the normal and abnormal ICG signal for the cardiovascular diseases detection, using a CAD system (Computer Aided Diagnosis system) for that. This study based on (1) Temporal, (2) spectral features, and (3) classification with the linear discriminant method [44]. The ICG technique solves the Doppler ultrasound problem which is used to examine cardiovascular diseases as valve heart disease (VHD) but it is expensive, and requires expertise to perform it and discontinuity. In order to analyze the ICG signal, in 2017, Souhir Chabchoub [45] followed a methodology that has an accuracy rate of 98.94%. The steps are as follows: (1) denoise the ICG signal by the Daubechies wavelet family, (2)

segmentation where the signals will be segmented into heartbeats, (3) linear prediction method (LP), (4) temporal and time-frequency characteristics extraction, and (5) classification with support vector machine (SVM) and K-nearest neighbour (KNN). The ICG was used to detect heart failure [46, 47], myocardial infarction [48], and mitral insufficiency [49].

## 4. Discussion

### 4.1 The evaluation of the ICG technique

The electrical impedance has parameters that can be used for the diagnosis and monitoring of the pathological condition of the patient's tissues; it is measured invasively including the following methods: (1) *Direct Fick*: to measure mixed oxygen concentrations of venous blood in order to estimate cardiac output. (2) *Indirect Fick*: similar to the direct Fick method, but its specificity is that it uses pulse oximetry to evaluate the arterial oxygen content. (3) *Thermodilution* [50, 51]: the temperature changes of a solution injected through the right atrial chamber that is measured to estimate cardiac output, was distinguished by its wide measurement variability especially in clinical practice. (4) *Dye dilution*: It seems like the technique of thermodilution, based on the dye that is injected through the pulmonary artery and it is the peripheral site that will measure its concentration. (5) *Radionuclide angiography or ventriculography* [9, 52]: allows estimating the cardiac output by applying the dynamic sampling radioactive counts of the left ventricle technique.

To evaluate the accuracy of the ICG technique, the bioimpedance correlation coefficient is calculated and compared to other techniques such as thermodilution (TD), it is between -0.01 and 0.97. It has an accuracy comparable to conventional invasive methods, and portability, it is easier to use, suitable for continuous monitoring, and at low cost for many applications in cardiology [13]. The results of the measurement are influenced by several errors such as wave positioning, patients' weight, and pulmonary oedema [9].

Studies [22] have been done to measure the reliability of non-invasive bio-impedance techniques by measuring different hemodynamic parameters that are already calculated by invasive techniques. They have chosen specific populations for each study. Some research results are as following:

Deepak <i>et al.</i> [54]	TEB vs Fick A correlation rate = 0.9
Sharma <i>et al.</i> [53]	TEB vs Thermodilution TD Results: good correlation Bland Altman with error = 19.3%
Belardinelli <i>et al.</i> [56]	ICG vs TD patients in the rest and the effort A correlation rate = 0.89.
Cotter <i>et al.</i> [55]	TD vs ICG in a population of patients with acute heart failure. Results: good correlation

Yung GL <i>et al.</i> [57]	TD vs ICG and Fick A correlation rate = 0.8
DeMarzo AP. <i>et al.</i> [58]	ICG vs Aortic Doppler The detection of the aortic valve opening by using of the ICG technique and aortic Doppler. A high correlation rate ( $r = 0.996$ ) between ICG and Doppler values.
Faddy.S <i>et al.</i> [13]	Database contains 27 patients with a right heart catheterization disease. The results show a good correlation ( $r = 0.91$ ) between thermodilution and TEB for the measurement of cardiac output by using the Linear regression analysis.

Table1. The comparison of the results from the ICG methods with the invasive methods for hemodynamic parameters.

#### 4.2 The ICG technique advantages and limitations

The ICG technique is very useful and advantageous in the medical field because it is non-invasive, flexible, simple, reliable, safe, painless, at low cost, manipulable by a nurse or technician, fast, it ensures the security ( no danger on the subject) and time is saved for the care, it allows to obtain continuous and real-time hemodynamic data measurements as well as the diagnosis of cardiovascular diseases such as mitral insufficiency and heart failure, but it is limited in the field of the valvular heart disease detection [45]. It also provides a better distribution where the noises are minimal, and the electrode-skin surface impedance is low [8]. The ICG method is affected by several changes such as: (1) biological composition, (2) respiration, (3) noise due to movement or equipment, (4) blood circulation, (5) volume blood from the transthoracic region, (6) electrodes emplacement or their contacts with tissue, (7) tissue fluid volume, (8) sweating skin, and (9) myocardial tissue contraction [59].

### 5. Conclusion

Impedance cardiography, or ICG, is a method to obtain the cardiac indexes including cardiac output. This method has many advantages that are non-invasiveness, low cost, and ease of use, but also the possible measurements in continuity. However, it has limitations that prevent its implementation in medical practice especially for patients' with critical cases. Studies are limited, clinical reports on the use of transthoracic electrical bioimpedance cardiography for various clinical indications in reports published from 1991 suggest that this non-invasive method is interesting and could potentially support some of these indications [9]. There are multiple algorithms that are used to process ICG signals and that are not

universal as well as others that eliminate the noise and deform the signal to prevent its correct analysis [60-63].

This article helps readers to understand the impedance cardiography technique, and its behaviour as well as its analysis and, to know the hemodynamic parameters calculations theory that helps in the diagnosis of cardiovascular diseases and their monitoring. The evaluation of this technique significantly shows the good correlation with invasive techniques which also measure the same parameters.

## 6. Conflict of interest statement

This article is an advanced version of a presentation at the International Congress on Health Sciences and Medical Technologies 2018 ICHSMT'18.

## 7. Authors' biography

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