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## DYSLIPIDEMIA IN TYPE 2 DIABETES MELLITUS

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## **TYPE OF ARTICLE: CONFERENCE ABSTRACT**

## **ABSTRACT**

**Background**: Dyslipidemia is one of the major risk factors for cardiovascular disease in diabetes mellitus. The characteristic features of diabetic dyslipidemia are a high plasma triglyceride concentration, low HDL cholesterol concentration and increased concentration of small dense LDL-cholesterol particles. The objective of this work was to define and characterize the lipid profile of type 2 diabetic patients

**Methods**: A series of 30 patients was selected for the study of the lipid profile; the classic methods were used for the determination of triglycerides, total cholesterol, C-HDL, and C-LDL.

**Results**: According to our results, all our patients had hyperglycemia, our patients had a body weight ≥ 80 kg, with an overweight of 88% in women and 86.4% in men. All our patients had dyslipidemia with high levels of triglycerides and total cholesterol.

**Conclusion**: Lipid abnormalities are part of the metabolic disease and contribute to the increased cardiovascular risk of type 2 diabetes, intensive treatment of dyslipidemia becomes an absolute obligation in the cardiovascular prevention of these patients.

**KEYWORDS:** Diabetes type 2, Cardiovascular disease, Cholesterol, HDL-c, LDL-c

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